



The Epi Log

Celebrate with Tamales

by Amy Sherman
on 12/21/07 at 09:37 AM



Special foods go hand-in-hand with Christmas. When I think of the holiday, I think of sweets like cookies and fruitcake, the French buche de Noel, Italian panettone, and Swedish rice pudding. But in many parts of Latin America, making and eating sweet and savory tamales are also a traditional way of celebrating the holiday. In lieu of a "tamalada" or tamales making party, here are some recent tamales posts:

In the post, [our first try at homemade tamales](#), Joe from Culinary in the Desert uses a healthier recipe he found in Eating Well.

Over at Ed's Diner you can't miss "[I blog the songs that make tamales sing.](#)" Imagine a Tom Waits ode to tamales and you're getting close. I predict it will soon become a classic!

At [Dona Lupe's Kitchen](#) is an entire series on "The Tamalada" there are lots of pictures, stories and even shopping adventures. Start with [part one](#) and work your way through part six.

Finally my colleague over at [Bay Area Bites](#), Thy Tran shares her knowledge of tamales, dating back to college. In a post called [Intuitive Tamales](#) she makes them without a recipe.

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8:07:37 PM on
12/21/07

I love making tamales. Thank you for posting these blogs to check out.

[< Second-Cheapest Wine](#)

[epi-log main](#)

[Salt Taco >](#)

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[blogs](#) [books](#) [syndrome](#) [cooking](#) [drinking](#) [epicurious](#) [family fare](#) [green](#) [healthy](#) [news & gossip](#) [products](#) [restaurants](#)

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[Salt Taco](#)

[Celebrate with Tamales](#)

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[12/16/07 - 12/22/07](#)

[12/ 9/07 - 12/15/07](#)

[12/ 2/07 - 12/ 8/07](#)

[11/25/07 - 12/ 1/07](#)

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